

SERVICE CANADA

READY TO HELP



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://www.alpha.canada.ca/en/start)



Canada COVID-19 App

A tool to help you track your symptoms, receive the latest updates on COVID-19, and access trusted resources.

EMPLOYMENT INSURANCE (EI) PROGRAM

We made temporary changes to the Employment Insurance (EI) program to better support Canadians who need financial assistance. As of September 27, 2020, the minimum benefit rate for EI regular claimants is \$500 per week before taxes in most cases.

<https://bit.ly/3aGavD2> 1-800-206-7218

CANADA RECOVERY BENEFIT (CRB)

The CRB provides \$500 (\$450 after taxes withheld) per week for up to 38 weeks for workers who:

- are not employed or self-employed for reasons related to COVID-19 or have had their income reduced by at least 50% due to COVID-19
- are not eligible for Employment Insurance (EI)
- meet all the eligibility criteria for period they're applying for

<https://bit.ly/2l0Ub5d> 1-833-966-2099

CANADA RECOVERY SICKNESS BENEFIT (CRSB)

The CRSB provides \$500 (\$450 after taxes withheld) per week for up to a maximum of four weeks, for workers who:

- Are unable to work for at least 50% of the week because they contracted COVID-19
- Are self-isolated for reasons related to COVID-19
- Have underlying conditions, are undergoing treatments or have contracted other sicknesses that, in the opinion of a medical practitioner, nurse practitioner, person in authority, government or public health authority, would make them more susceptible to COVID-19.

<https://bit.ly/36zGjZH> 1-833-966-2099

CANADA RECOVERY CAREGIVING BENEFIT

The CRCB provides \$500 (\$450 after taxes withheld) for up to 38 weeks per household for workers:

- unable to work for at least 50% of the week because they must care for a child under the age of 12 or family member because schools, day-cares or care facilities are closed due to COVID-19
- because the child or family member is sick and/or required to quarantine or is at high risk of serious health implications because of COVID-19.

<https://bit.ly/2F6YxXm> 1-833-966-2099

SOCIAL INSURANCE NUMBER

You can apply for your **Social Insurance Number (SIN)** online. Agents are available Monday to Friday, 8:30 am to 4:30 pm Canadian Local Time, except on statutory holidays.

<https://bit.ly/3o4Wq8r> 1-866-274-6627

Fill out our online service request form to let us know how we can help you, and we'll get back to you in two business days: [eservices.canada.ca](https://www.eservices.canada.ca)

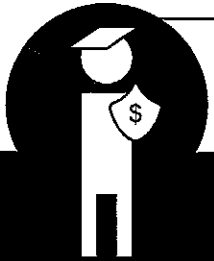
If you've received benefits in 2020, learn how to report it for your tax return: <https://bit.ly/3bvodKA>

Not sure if you need to repay the **Canada Emergency Response Benefit**? Go to [Canada.ca/repay-cerb](https://www.canada.ca/repay-cerb) or call 1-833-966-2099.

For a complete list of programs, services and resources available through the Government of Canada visit: [Canada.ca/coronavirus](https://www.canada.ca/coronavirus)

SERVICE CANADA

READY TO HELP — YOUTH



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APPRENTICESHIP GRANTS

Apprenticeship Incentive Grant for Women

A taxable cash grant of \$3,000 per year/level (or equivalent) up to a maximum amount of \$6,000 per person.

Apprenticeship Incentive Grant (AIG)

A taxable cash grant of \$1,000 per year or level, for a lifetime maximum amount of \$2,000 per person.

Apprenticeship Completion Grant (ACG)

A one-time taxable cash grant lifetime amount of \$2,000 per person for registered apprentices who complete their apprenticeship training and obtain their journey-person certification.

<https://bit.ly/3a0Md7s> 1-866-742-3644

MENTAL & PHYSICAL HEALTH

Access support workers, social workers, psychologists and other professionals for confidential chat sessions or phone calls by texting WELLNESS to 686868.

<https://bit.ly/3rAp6XC>

JOBS AND OPPORTUNITIES

We are expanding existing federal employment, skills development, and youth programming to help students find employment and develop valuable skills this summer and over the coming months. Learn more about youth programs:

<https://bit.ly/2YWXcd9>

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SERVICE CANADA

READY TO HELP — SENIORS



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1-800-206-7218

CANADA PENSION PLAN

The Canada Pension Plan (CPP) retirement pension is a monthly, taxable benefit that replaces part of your income when you retire. If you qualify, you'll receive the CPP retirement pension for the rest of your life.

<https://bit.ly/2N52j7k>



1-800-277-9914

OLD AGE SECURITY

The Old Age Security (OAS) pension is a monthly payment you can get if you are 65 and older. You may have to apply for the Old Age Security. We may not have enough information to enroll you automatically.

<https://bit.ly/2YV8s8v>



1-800-277-9914

GUARANTEED INCOME SUPPLEMENT

The Guaranteed Income Supplement (GIS) is a monthly payment. In many cases, we will let you know by letter when you could start receiving the first payment. We will send you this letter the month after you turn 64. In other cases, you may have to apply.

<https://bit.ly/3qeXkQd>



1-800-277-9914

MENTAL & PHYSICAL HEALTH

Access support workers, social workers, psychologists and other professionals for confidential chat sessions or phone calls by texting WELLNESS to 741741.

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